

Adaptive Functioning Skills in the Home
5- to 10-year-old students

Child's Name: _____

Date: _____

Parent: _____

Please check any item below if it is of concern (√).
Please mark a (+) if this is a strength for your child.
Leave blank if it is an average skill.

Communication

- ___ Speaks in full sentences
- ___ Follows instructions involving an object and an action (ex. Go get the apples from the table)
- ___ Listens to a story for 5 minutes
- ___ Vocabulary seems appropriate for age
- ___ Able to engage in back-and-forth conversation
- ___ Length and content of verbal interactions seem age-appropriate
- ___ Asks simple questions

Self-Care

- ___ Able to dress him/herself, including fasteners
- ___ Takes care of personal needs (ex. toileting and washing hands)
- ___ Ties shoes
- ___ Wears appropriate clothing for weather conditions
- ___ Personal appearance is neat and clean
- ___ Buckles own seat belt

Social Skills

- ___ Uses names of others
- ___ Plays with siblings and/or same-age peers
- ___ Has one or more close friend(s)
- ___ Enjoys the company of other children
- ___ Not overly dependent on adults
- ___ Shows sympathy for others when they are sad or upset
- ___ Uses words to express own emotions
- ___ Chooses not to say embarrassing things in public

Home/School Living

- ___ Shows respect for others' belongings
- ___ Picks up toys/belongings when asked
- ___ Changes easily from one activity to another
- ___ Keeps track of personal belongings
- ___ Uses acceptable table manners

Community Use

- ___ Demonstrates understanding of the function of money
- ___ States value of coins
- ___ Obeys people in authority
- ___ Understands the function of a clock
- ___ States current day of the week when asked

Self-Direction

- ___ Follows daily routines
- ___ Completes tasks in a reasonable amount of time
- ___ Controls anger when denied his/her own way
- ___ Apologizes when appropriate
- ___ Keeps working on a task even when it is difficult
- ___ Asks for help when needed

Health and Safety

- ___ Respects personal space of others
- ___ Follows safety rules when playing outside
- ___ Shows caution around dangerous activities
- ___ Tells adult when injured or sick

Play and Leisure

- ___ Plays with toys and other objects alone or with others
- ___ Shows interest in the activity of others
- ___ Follows rules in a game without reminders
- ___ Tries a new activity to learn something new
- ___ Invites peers to join activities
- ___ Shares toys and possessions when asked
- ___ Plays cooperatively with others
- ___ Uses things for make-believe activities

Physical Development

- ___ Walks independently
- ___ Picks up small objects with hand
- ___ Kicks a ball
- ___ Runs smoothly with changes in speed and direction
- ___ Walks up and down stairs
- ___ Draws shapes