

**Adaptive Functioning Skills  
5- to10-year-old students**

Child's Name: \_\_\_\_\_

Date: \_\_\_\_\_

Teacher: \_\_\_\_\_

Please check any item below if it is of concern (√).  
Please mark a (+) if this is a strength for your child.  
Leave blank if it is an average skill.

**Communication**

- \_\_\_ Speaks in full sentences
- \_\_\_ Follows instructions involving an object and an action (ex. Go get the apples from the table)
- \_\_\_ Listens to a story for 5 minutes
- \_\_\_ Vocabulary seems appropriate for age
- \_\_\_ Able to engage in back-and-forth conversation
- \_\_\_ Length and content of verbal interactions seem age-appropriate
- \_\_\_ Asks simple questions
- \_\_\_ Written communication skills are age appropriate

**Self-Care**

- \_\_\_ Takes care of personal needs (ex. toileting and washing hands)
- \_\_\_ Ties shoes
- \_\_\_ Personal appearance is neat and clean

**Social Skills**

- \_\_\_ Uses names of others
- \_\_\_ Plays with siblings and/or same-age peers
- \_\_\_ Has one or more close friend(s)
- \_\_\_ Enjoys the company of other children
- \_\_\_ Not overly dependent on adults
- \_\_\_ Shows sympathy for others when they are sad or upset
- \_\_\_ Uses words to express own emotions
- \_\_\_ Chooses not to say embarrassing things in public

**Home/School Living**

- \_\_\_ Shows respect for others' belongings
- \_\_\_ Picks up toys/belongings when asked
- \_\_\_ Changes easily from one activity to another
- \_\_\_ Keeps track of personal belongings
- \_\_\_ Uses acceptable table manners

**Community Use**

- \_\_\_ Demonstrates understanding of the function of money
- \_\_\_ States value of coins
- \_\_\_ Obeys people in authority
- \_\_\_ Understands the function of a clock
- \_\_\_ States current day of the week when asked

**Self-Direction**

- \_\_\_ Follows daily routines
- \_\_\_ Completes tasks in a reasonable amount of time
- \_\_\_ Controls anger when denied his/her own way
- \_\_\_ Apologizes when appropriate
- \_\_\_ Keeps working on a task even when it is difficult
- \_\_\_ Asks for help when needed

**Health and Safety**

- \_\_\_ Respects personal space of others
- \_\_\_ Follows safety rules when playing outside
- \_\_\_ Shows caution around dangerous activities
- \_\_\_ Tells adult when injured or sick

**Play and Leisure**

- \_\_\_ Plays with toys and other objects alone or with others
- \_\_\_ Shows interest in the activity of others
- \_\_\_ Follows rules in a game without reminders
- \_\_\_ Tries a new activity to learn something new
- \_\_\_ Invites peers to join activities
- \_\_\_ Shares toys and possessions when asked
- \_\_\_ Plays cooperatively with others
- \_\_\_ Uses things for make-believe activities

**Physical Development**

- \_\_\_ Walks independently
- \_\_\_ Picks up small objects with hand
- \_\_\_ Kicks a ball
- \_\_\_ Runs smoothly with changes in speed and direction
- \_\_\_ Walks up and down stairs
- \_\_\_ Draws shapes

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**Functional Academics:** The student performs at the following levels

Reading:

- Has average reading skills (at grade level)
- Is below peers (one to two grade levels below)
- Is somewhat below peers (two to three grade levels below)
- Is significantly below peers (three or more grade levels below)

Math:

- Has average reading skills (at grade level)
- Is below peers (one to two grade levels below)
- Is somewhat below peers (two to three grade levels below)
- Is significantly below peers (three or more grade levels below)

Writing:

- Has average reading skills (at grade level)
- Is below peers (one to two grade levels below)
- Is somewhat below peers (two to three grade levels below)
- Is significantly below peers (three or more grade levels below)